

4567 Imperial Street Burnaby, BC V5J 1B7 School Newsletter # 8 April, 2020

PHONE: 604-296-9022

https://maywood.burnabyschools.ca Twitter: @maywoodsd41

Principal's Message: Redefining Our Community

Maywood has been described as "a building that never sleeps", "a place where everyone is welcome" and "a second home for so many." When we think about our school community, we often think about noisy hallways with people greeting each other in 30+ languages, busy classrooms full of kids singing, reading and playing and community events that bring all generations together. With the sudden pandemic, our school community has changed. The hallways are empty, the playground is quiet, and classrooms are dark. For now, we are physically apart but we can still be the strong community where we support each other, learn from each other and share our gifts and talents. It has been so wonderful to see many examples of the Maywood spirit: "Together We Can". I've heard about families sewing masks, picking up groceries and teaching art classes online. It's so important for us to find ways to connect with others and to help each other. Maywood kids and families can:

- Make hearts and bang pots at 7pm to show appreciation for our health care providers
- Help each other learn to use technology
- Spend time with family cooking, playing games, reading and singing
- Have virtual playdates and book clubs with classmates
- Write letters to the people you are grateful for
- Use the internet to learn something new (a new language, skill, hobby)
- Go for walks and connect with nature
- Grow your own vegetables
- Take time each day to do some learning activities provided by your teachers
- Stay connected with your child's teacher each week
- Check in with our community team and let us know if you need any support.
- Send me a message to let me know how you are doing and your ideas for keeping our Maywood community strong.

Kathryn Yamamoto Kathryn.yamamoto@burnabyschools.ca 604-296-9022 Ext 640001



FOOD BANKS & LOW COST FOOD OPTIONS

<u>Burnaby Family Life</u> (Various locations) Distributing fresh, frozen and dry foods via van. Also, distributing pharmacy, household goods and health related items. Contact: Gillian Turnbull at 604-995-9569 or via email at gturnbull@burnabyfamilylife.org



Greater Vancouver Food Bank 8345 Winston Street, Burnaby Tuesday – Friday 10 am to 2 pm Closed April 10, 21, 22, 23, 24 Provides a 2-3 day food supplement. The amount of food you will receive is based on the number of people in your household. The menu of food available changes weekly, and includes a selection of fruits, vegetables, bread, yogurt, canned beans, canned fish, pasta, sauces, canned fruits, rice, and peanut butter. Milk and eggs are available once per month. Bring your own bag. You need to register as a client. To register, you must have ID, proof of address, proof of low income. Staff can assist you if you do not have ID. 604-876-3601 https://foodbank.bc.ca/find-food/locations/

<u>Aunt Leah's Place</u> 816 20th Street New Westminster. Offering Emergency Food Pick and Sunday Haven program. Sunday Haven – drop in dinner offered every Sunday 4:30 pm. Dinner and food bank items handed out through Kitchen door. Emergency Food Pick Up Times: Monday 12-2pm Wednesday 3-5pm Friday 12-2pm Email: auntleahs@auntleahs.org or call (604) 525-1204

Quest Food Exchange 7753 6th Street, Burnaby Reduced hours: Monday – Friday 9 am - 3:15 pm Not-for-profit organization that provides dignified access to a variety of affordable and healthy foods to individuals facing food security challenges in British Columbia. Clients must be referred by Julie Tadd. The process usually takes a couple of days. 604-553-0636 www.questoutreach.org/contact/location. If you need to request a referral form please email Julie at julie.tadd@burnabyschools.ca

<u>Salvation Army</u> 6125 Nelson Avenue Burnaby Wednesdays 10 am -12 noon Emergency Food Bank Free for anyone. https://salvationarmy.ca/ 604-437-1521

Southside Community Church (Taskforce to end homelessness in Burnaby) 7135 Walker

Ave, Burnaby Monday evenings, Thursday mornings, Monday evening community meal (soup and sandwiches). Often there are groceries available too. 5:45 pm Outreach Resource Centre (Thursday mornings 9:00 - 11:30 am), access to a bagged lunch, clothing, toiletries. info@southside.ca 604-259-0170 http://www.southside.ca/http://burnabyhomeless.org/outreachresource-centre/

604 200-0712. Carolannf@burnabyhomeless.org



Canada Emergency Response Benefit



Government of Canada

Steps to access CERB

- 1. If you do not have a CRA account you will need to create one. Create a My Account at the website below. https://www.canada.ca/en/revenue-agency/services/e-services/cra-login-services/cra-user-password-help-faqs/registration-process-access-cra-login-services.html#hlp1a
- 2. Go to https://www.canada.ca/en/department-finance/economic-response-plan/covid19-individuals.html

Go to section - Support for people facing unemployment

• If you are on social assistance or disability assistance in BC, worked part time, have earned at least \$5,000 in 2019 and your p/t employment is impacted by COVID-19, you might be (hopefully) eligible to receive financial support from the Canada Emergency Response Benefit (CERB), without impacting your BC government assistance.

 $\underline{https://www.canada.ca/en/revenue-agency/services/benefits/apply-for-cerbwith-cra.html}$

BC HYRDO COVID-19 Relief Fund

We recognize that COVID-19 has resulted in financial hardship for many of our customers, particularly those that have experienced job loss, have had to close their businesses, or are otherwise unable to work due to COVID-19. To support our customers during these challenging times, we're introducing the COVID-19 Relief Fund.



To learn more and apply:

BC HYDRO Accounts > Billing & Payments > Ways to pay your bill > COVID-19 Relief Fund

Rental Assistance during COVID-19 please go to: https://www.bchousing.org/COVID-19

What is BC Housing doing? BC Housing is working with the Province of BC, BC's health authorities, the BC Centre for Disease Control, the Public Health Agency of Canada, and other partners to monitor COVID-19.

BC-Temporary Rental Supplement (BC-TRS) Program - *Now Open*

Program details: BC Temporary Rental Supplement (BC-TRS) program

If you want to speak to someone about the BC-TRS program call: Lower mainland:

778-452-2836 Toll Free: 1-877-757-2577



Maywood is providing Hot Lunches Monday—Friday For Maywood families in need! Pick up ONLY

Reminder to respect SOCIAL DISTANCING

Families must pick up lunch and immediately leave school grounds

There will be no access to the rest of the building

Please arrive at school only at your designated time, and leave directly after pick up

LUNCH!

Lunch is for **Maywood students** and their **younger siblings only**

If you would like to have a pick time please email Julie Tadd at Julie.tadd@burnabyschools.ca or Tamara Southall at tamara.southall@burnabyschools.ca

Book an online appointment with a

WELL Health



Canadian Doctor. See

doctor when and how you need to. Covered in British Columbia with a valid health card. Book your online appointment at **www.virtualclinics.ca**/

Emergency Shelter in Burnaby:

Progressive Housing Society Shelter 2294 Douglas Road, Burnaby 604-522-9669 ext 2

The New Westminster Rent Bank (NWRB) and the Burnaby Rent Bank (BRB) are

housing stabilization program geared towards low-income residents of either city who are experiencing a temporary and unexpected finan-



cial crisis. Both Rent Banks offer low-fee, no interest, short-term loans to low income individuals and families that live in either city and are at risk of eviction or essential utility disconnection due to a temporary and unexpected financial crisis. The NWRB and the BRB also offer assistance with damage deposits, pet deposits and first month's rent for low income individuals and families who are moving into a new residence in New Westminster or Burnaby and are financially unable to meet these expenses.

Here is a link to information and the Pre-Assessment Form for the Burnaby Rent Bank https://purposesociety.org/events/categories/rent-bank/burnaby-rent-bank/
We can also be reached by phone at: **604-526-2522**

Burnaby Public library

Here is a link to e-books. You will need a library card.



https://burnaby.overdrive.com/library/kids

https://www.bpl.bc.ca/kids/online-stories

If students need library cards, we can make that happen by phone: **604-436-5400**, Monday to Friday, 10:00 to 5:00.

Dear Maywood Families,

In just a short time, COVID-19 has had a major impact on the world, leaving people everywhere unsure of what comes next. As in any time of uncertainty, it is natural for us to feel worried and anxious. It's important that we take the time to acknowledge what we are feeling and take care of our own mental health and well-being. I have started a blog that has resources for both parents and students to access mental health support. Please visit the blog at http://sd41blogs.ca/balld/ and feel free to contact me with any questions or concerns. Remember that however long COVID-19 impacts our lives, eventually life will go back to normal. And the world will understand that we are all connected and better together than apart. I miss our Maywood families very much and hope to connect again soon.

Yours sincerely,

Diana Ball, Counsellor diana.ball@burnabyschools.ca