

February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Sometimes it takes one act of kindness to change your life			1 Offer someone help	2 Make someone laugh	3
4	5 Tell someone what you like about them	6 Help a friend	7 Kindness is free, sprinkle it everywhere.	8 Give someone encouragement	9 Thank a staff member	10
11	12 Tell someone you're grateful for them	13 Invite someone to play with you	14 	15 Offer a compliment	16 Tell someone why they are important to you	17
18	19 Say thank you to a custodian	20 Tell a parent you appreciate them	21 Read a book to a sibling or a friend	22 Say "good morning" to someone new today	23 Tell someone you're proud of them	24
25	26 Pick Up litter	27 Hold the door For someone	28 	29 Wish the first person you see an amazing day		